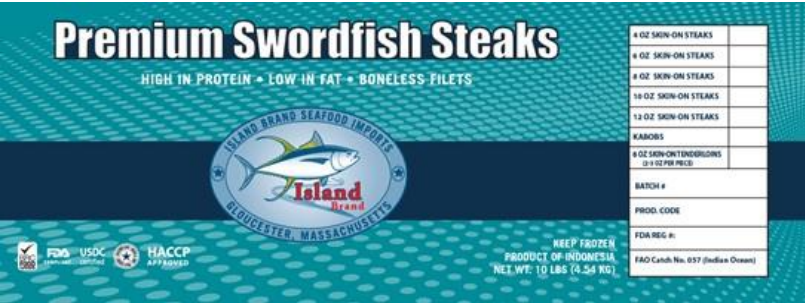
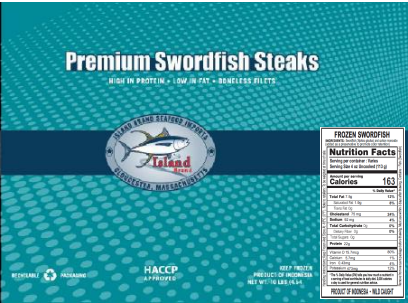


Island Brand Product Spec Sheet

Hand-cut
Sword Chunks



Description	IVP 1 lb. blocks of 2–4 ounce Swordfish Kabob Chunks
Brand	Island Brand
Country of Origin	Indonesia, Wild Caught
Processing	Hand-cut from fresh
Case Weight Net	10 lb. master
Case Weight Gross	11 lbs.
Count per Case	10 1 lb. packages
Date Code	Julian
Best By Date	24 months from Date Code
GTIN	00859710005511
Master Case Dimensions	15 x 11.5 x 4.5 inches
Case Cube	.45
Pallet Configuration	10 x 10



FROZEN SWORDFISH
INGREDIENTS: Swordfish (*Xiphias gladius*) and carbon monoxide (added as a preservative to promote color retention)

Nutrition Facts
Serving per container : Varies
Serving Size 4 oz Uncooked (113 g)

Amount per serving	
Calories	163
% Daily Value*	
Total Fat 7.5g	12%
Saturated Fat 1.9g	8%
Trans Fat 0g	
Cholesterol 75 mg	24%
Sodium 92 mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein 22g	
Vitamin D 15.7mcg	80%
Calcium 5.7mg	1%
Iron 0.43mg	4%
Potassium 473mg	12%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT OF INDONESIA • WILD CAUGHT

Handling Instructions: Keep Frozen And Store At -18°C (0°F). Note to retailers: To be weighed at time of sale.

Remove from vacuum package before thawing. Must use within 3 days after thawing. Contains: Fish (Swordfish)

DISTRIBUTED BY ISLAND LOBSTER LTD.
GLOUCESTER, MA 01930
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