Island Brand Product Spec Sheet

10 oz. Bone-in Swordfish Steaks

Description	**IVP Frozen 10 oz. Bone-in Swordfish Steaks**
Brand	**Island Brand**
Country of Origin	**Indonesia, Wild Caught**
Processing	**Hand cut from fresh**
Case Weight Net	**10 lb. master (plain, white box)**
Case Weight Gross	**11 lbs.**
Count per Case	**Varies**
Date Code	**Julian**
Best By Date	**24 months from Date Code**
GTIN	**00859710005849**
Master Case Dimensions	**15 x 11.5 x 4.5 inches**
Case Cube	**.45**
Pallet Configuration	**10 x 10**

Island Brand
Frozen Swordfish Steak Chops - Bone In

Size	: 10 OZ / Vacuum packs
LOT	: 606-11
Prod. Code	: 4360
Net Weight	: 10 Lbs (4.53 Kg)
Distributed by	: Island Lobster Ltd Gloucester, MA 01930 USA

FAO 57 - WILD CAUGHT
PRODUCT OF INDONESIA
Ingredients : Swordfish (Xiphias gladius) and carbon monoxide
(Added as a preservative to promote color retention)
Contains: Fish (Swordfish)
FDA REG. 19292031770

Handling Instructions :
Keep Frozen and store at-18°C (0°F)
Remove from vacuum package before thawing
Must use within 3 days after thawing.

Nutrition Facts
Serving per container : Varies
Serving size : 4 oz Uncooked (113 grams)

Amount per serving	
Calories	163
	% Daily Value*
Total Fat 7.5g	12%
Saturated Fat 1.9g	8%
Trans Fat 0g	
Cholesterol 75mg	24%
Sodium 92mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Protein 22g	
Vitamin D 15.7mcg	80%
Calcium 5.7mg	1%
Iron 0.43 mg	4%
Potassium 473mg	12%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DOLPHIN SAFE
Keep Frozen (0°F)

ISLAND BRAND SEAFOOD IMPORTS
Island Brand
GLOUCESTER, MASSACHUSETTS