## **Searing Saku Blocks to Perfection**



LOBSTERI

STER. MASSAG

Thaw 2 hours (inside still frozen)



Sear - 10 seconds (each edge)



Oil and season



Wrap and refrigerate (2 hours)



Sear – 2 mins. 1<sup>st</sup> side, 1.5 mins. 2<sup>nd</sup> side



Slice – perfect!